

TOP TIPS for Schools Supporting Young Carers

- v our school can change the life of a young carer!
- offer peer and staff support to pupils with caring responsibilities.
- nderstanding and listening to young carers are key!
- ominate a School Lead for young carers to coordinate support
- **G** ive young carers easy opportunities to self-identify including at the application stage
- reate a safe, supportive and understanding school culture for all young carers
- A dd young carers to the curriculum so all pupils are aware and understand the issues
- R aise awareness and train all staff about young carers
- **E** xpect there to be young carers in your school
- R aise awareness about how your school supports young carers
- S upport young carers in partnership with a local young carer service

