TOP TIPS for Schools Supporting Young Carers

Your school can change the life of a young carer!
Offer peer and staff support to pupils with caring responsibilities.
Understanding and listening to young carers are key!
Nominate a School Lead for young carers to coordinate support.
Give young carers easy opportunities to self-identify including at the application stage.
Create a safe, supportive and understanding school culture for all young carers.
Add young carers to the curriculum so all pupils are aware and understand the issues.
Raise awareness and train all staff about young carers.
Expect there to be young carers in your school.
Raise awareness about how your school supports young carers.
Support young carers in partnership with a local young carer service.